



PE Skills Overview Grid: KS1

Key Skills	Year 1						Year 2						
	Term	A1	A2	Sp1	Sp2	Su1	Su2	A1	A2	Sp1	Sp2	Su1	Su2
Running, jumping, throwing and catching		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Balance, agility and coordination		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Team Games (attacking and defending)			✓	✓	✓				✓	✓	✓		
Perform dances using simple movements						✓						✓	