



**PSHE Skills Overview Grid KS2 Upper**

Key Skills	Term	Year 5						Year 6					
		A1	A2	Sp1	Sp2	Su1	Su2	A1	A2	Sp1	Sp2	Su1	Su2
Knowing myself						✓	✓	✓	✓	✓	✓	✓	✓
Understanding my feelings								✓	✓			✓	✓
Belonging		✓	✓										
Self awareness		✓	✓										
Feelings of others		✓	✓										
Making choices		✓	✓										
Seeing things from another point of view				✓	✓								
Friendship				✓	✓								
Working together				✓	✓								
Managing feelings				✓	✓			✓	✓				
Planning to reach a goal and manage choices						✓	✓						
Setting a realistic goal										✓	✓		
Planning to reach a goal										✓	✓		
Persistence										✓	✓		