

Today is Safer Internet Day (by the UK Safer Internet Centre UKSIC)

The central theme this year is:

**'Want to talk about it? Making space for
conversations about life online.'**

And there are some resources for parents below, which may help you to start a conversation with your child about their online life.

The UKSIC have created some fantastic resources, which includes top tips, quizzes, how to talk about difficult topics and what to do if something goes wrong. Find out more here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers>

- Join an online safety webinar.

For Safer Internet Day 2023, Webwise will be hosting two online safety webinars in February supporting young children online and supporting teens online.

<https://www.webwise.ie/trending/talklistenlearn-parent-events/>

- Ask the Experts from Internet Matters.

Today, Internet Matters will be hosting a Q&A session on Instagram and Facebook.

You can send them your questions and then an expert will answer them throughout the day. You can find out more here:

<https://www.internetmatters.org/safer-internet-day/>

- Create a Family Agreement:

LGFL have created a Digital Family agreement to help you set ground rules such as how much time your child can spend on devices. Find out more here:

<https://parentsafe.lgfl.net/digital-family-agreement>